

THURSDAYS

September 27th — December 21st

No Class: Oct. 26th & Nov. 23rd

[11 Weeks]

KARATE:

Karate is an activity that exercises the mind as well as the body. A self-development sport, it exercises motor skills and builds physical strength. It also teaches students virtues such as self-discipline, perseverance and leadership as they develop coordination and confidence. Karate is great for improving concentration and learning respect, inside and outside the classroom. And it's fun!

Ages: 4 to 6

Time: 3:00 – 3:45

Fee: \$300

Instruction: Don Spink
East Coast Martial Arts



Fall 2017 Enrichment Sign - Up Form

Please check off the classes in which you wish to enroll your child. Return this sign-up form with a check for the full tuition payment by **September 18th** to ensure placement for the fall session.

Child's Name: _____

Monday:

_____ Spanish \$280

Tuesday:

_____ Yoga \$280

Wednesday:

_____ Mini Kickers Soccer \$140

_____ Art \$150

Thursday:

_____ Karate \$300

Adams Montessori School



Fall 2017

- Primary -

Registration is open now and continues through Monday, September 18th. Classes commence the week of September 25th.

MONDAYS

September 25th — December 18th
No Class: October 9th
[12 Weeks]



SPANISH:

Language opens up a world of potential as the brain gets a workout that strengthens cognitive muscles. In this class, children learn Spanish utilizing a fun, interactive approach. Join the Spanish enrichment experience as the class embarks on their language exploration through words, play, songs, games and stories.

Ages: 3-6 year olds
Time: 3:00 – 4:00
Fee: \$280
Instructor: Saby Esquilin

TUESDAYS

September 26th—December 12th
[12 Weeks]

YOGA:

Children will practice classic yoga postures and pranayama techniques to help them develop their intrinsic skills of coordinated movement, balance, listening and body awareness - all of which contribute greatly to the growth of inner discipline. They also will participate in group games that create opportunities for self-reflection and foster kindness and peace.

Ages: 3-6 year olds
Time: 3:00 – 4:00
Fee: \$280
Instructor: Brona Coogan-Coyne



WEDNESDAYS

2—6 week programs

MINI KICKERS SOCCER:

It was so popular last year that we are bringing it back! This exciting program, led by young and enthusiastic coaches from around the world, will teach your child basic soccer skills while developing strength, balance, coordination, listening skills and teamwork.



Dates: 6 weeks—9/27 through 11/1
Ages: 3-6 year olds
Time: 3:00-3:45
Fee: \$140
Instructor: Challenger Sports

ART:

Things could get messy as children draw, paint, make collages, and use found materials to create unique designs and works of art. All materials are included.



Dates: 6 weeks—11/8 through 12/20
No Class: 11/22
Ages: 3-6 year olds
Time: 3:00-4:00
Fee: \$150
Instructor: Rim Yea